



# Stalking

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*Stalking is a pattern of behavior that a person chooses to use as a way to control and manipulate another person. There are a variety of ways that stalking may show up.*

- Showing up to a location uninvited/unannounced
- Unwanted communication (texts, calls, emails)
- Leaving unwanted gifts
- Using social media/technology to track activities
- Spreading rumors in person or online
- Manipulating third parties to spy on the other person, such as using a third party's social media account to look at the person's profile or befriending the other person's friends
- Hiring a private investigator
- Using friends, family, coworkers, or acquaintance to try to communicate with the other person
- Damaging the other person's property

***If you believe you or someone you know is experiencing stalking, or any other forms of abuse from a current or former intimate partner, contact MSU Safe Place for information and support.***

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