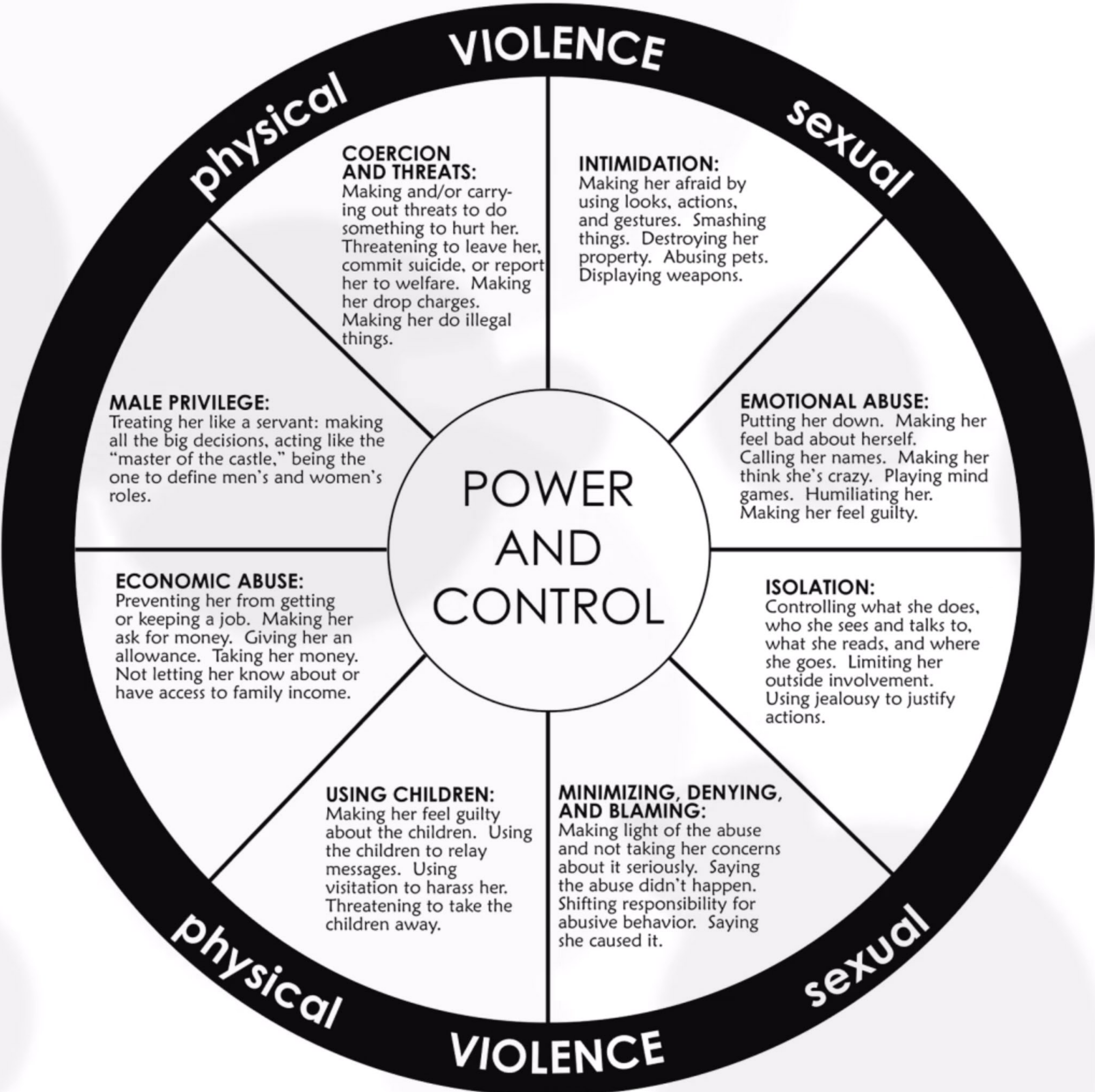
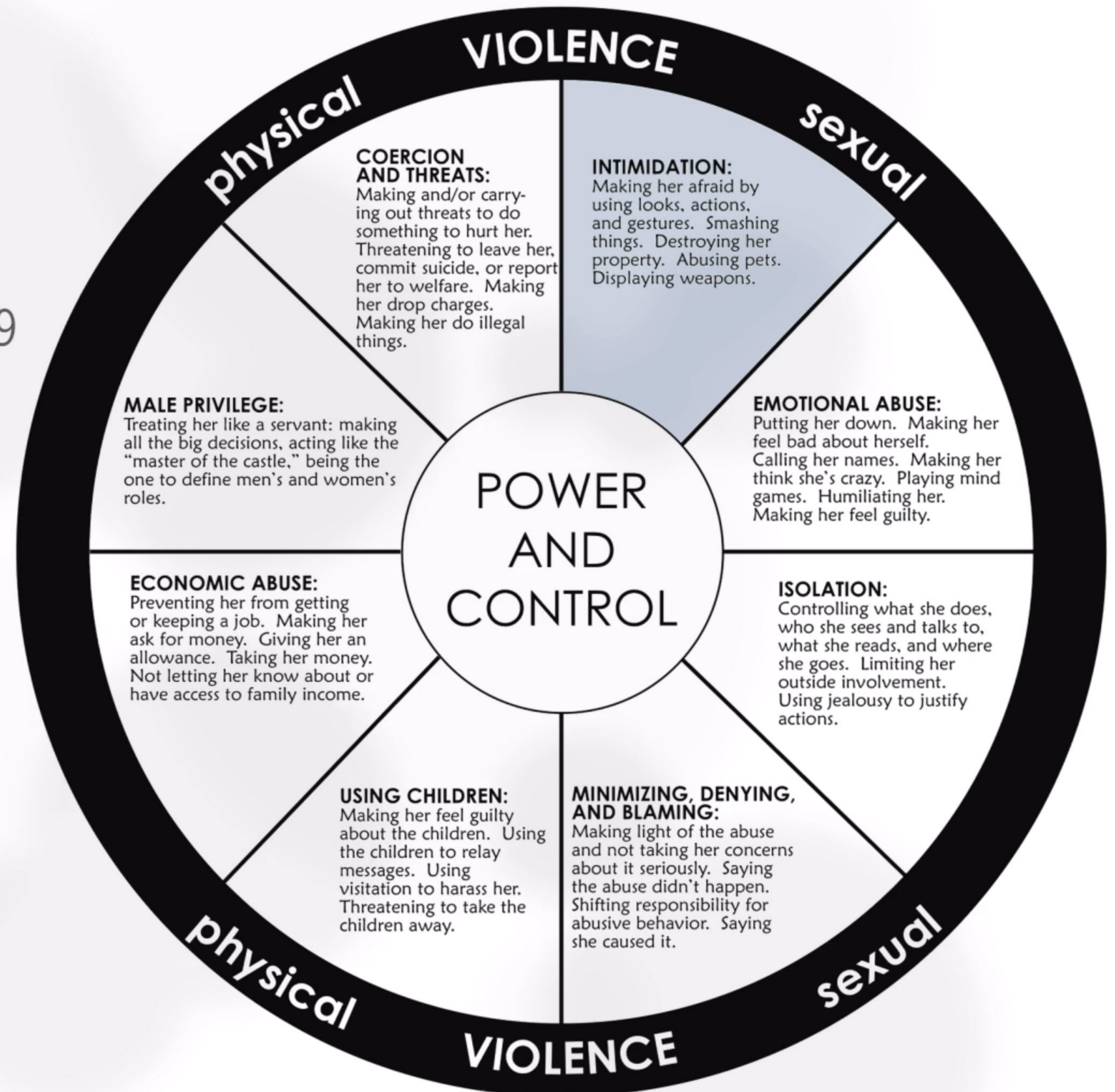


COVID-19 TACTICS



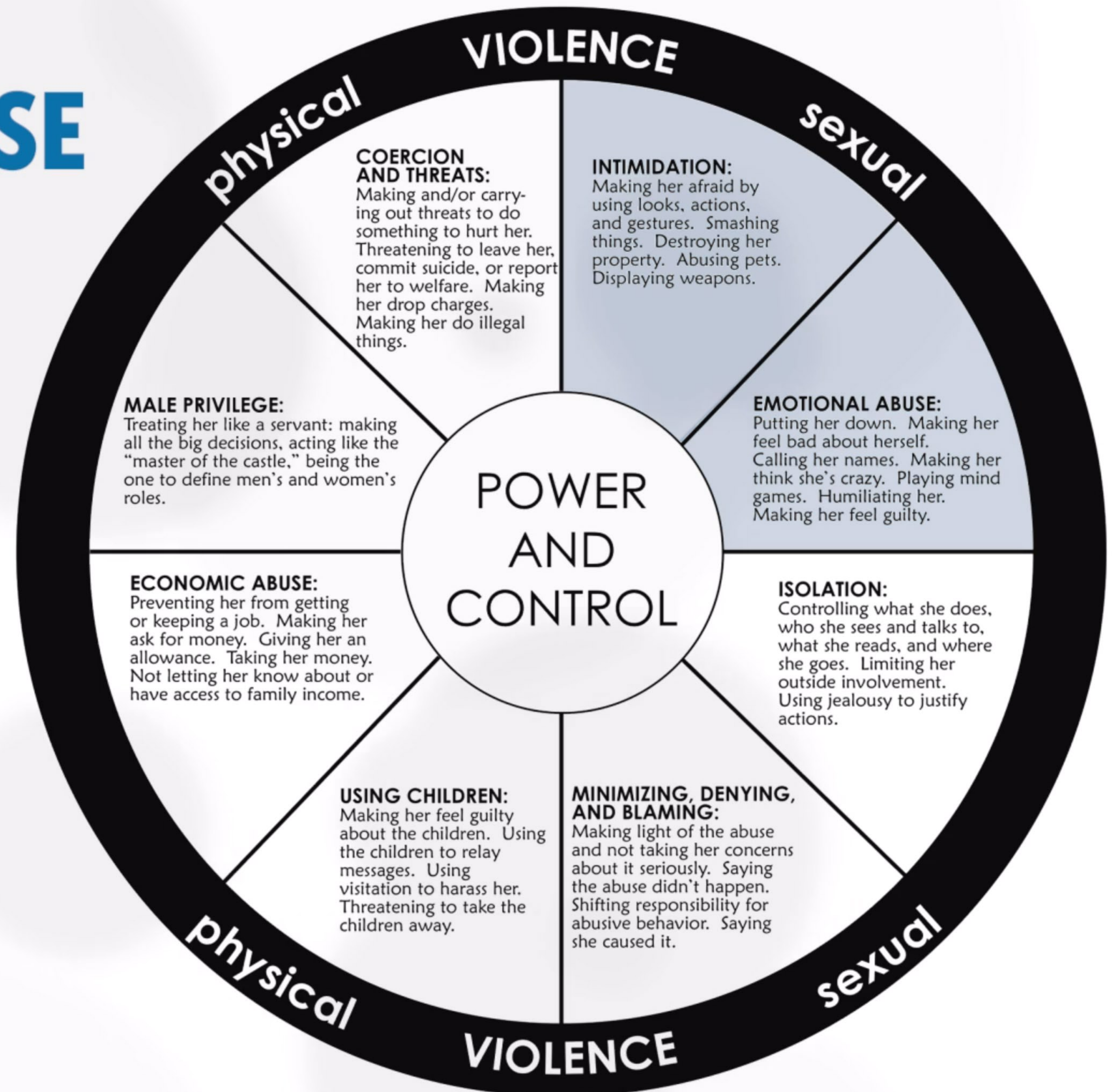
INTIMIDATION

- Forcing excessive handwashing
- Screaming and yelling about COVID-19
- Exploiting fears and vulnerabilities
- Demeaning social distancing efforts
- Posting false social media reports
- Bringing weapons into home
- Excessive decontamination
- Lying about test results
- Contaminating things
- Violating boundaries
- Fomenting panic
- Forced kissing and/or sex



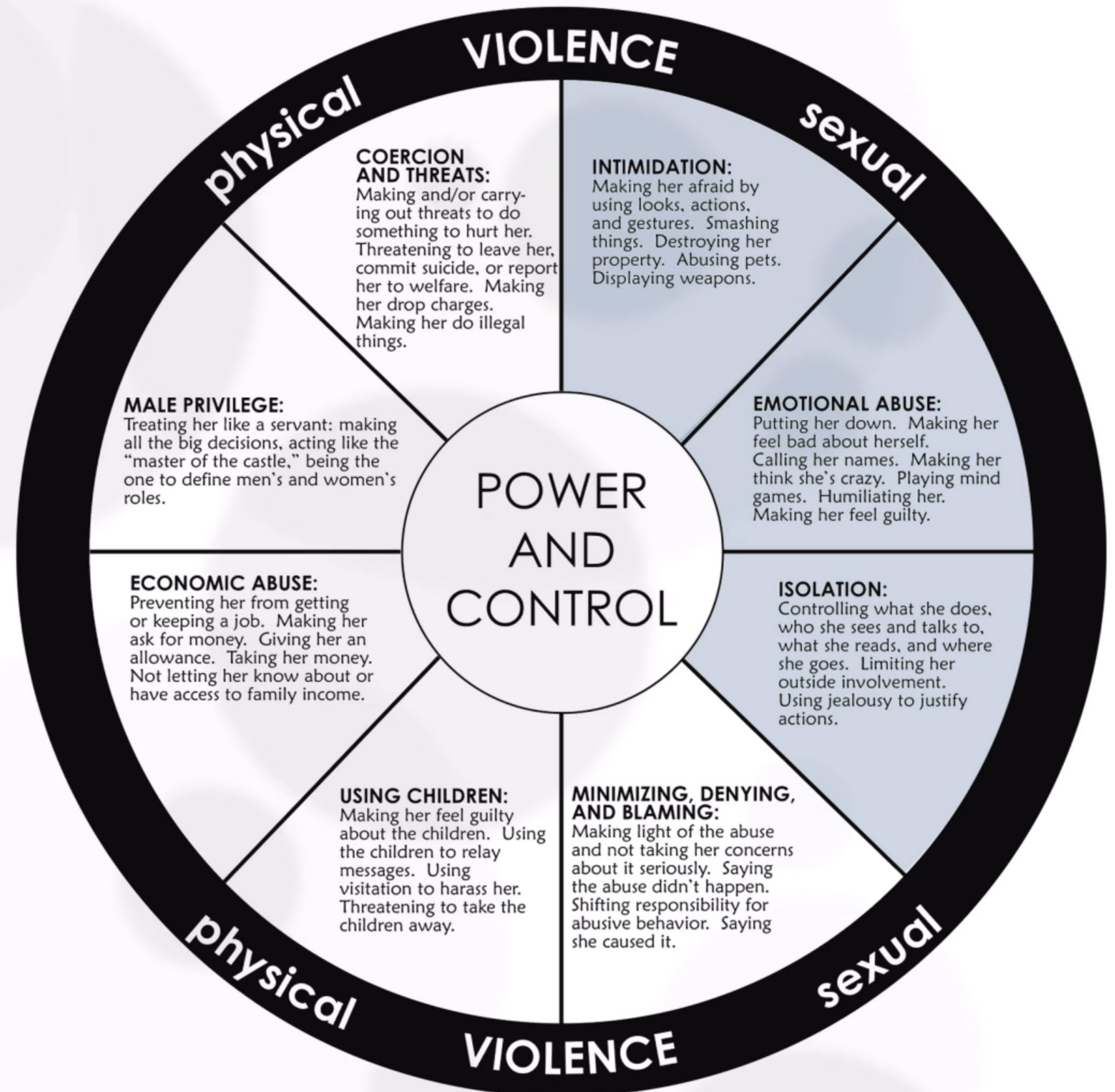
EMOTIONAL ABUSE

- Faking symptoms
- Preying on fear of contagion
- Defying public health directives
- Lying about COVID-19 test results
- Forcing or prohibiting physical contact
- Refusing to share soaps, sanitizers, or cleansers
- Endangering family by exposing them to COVID-19
- Interfering with efforts to care for or support loved ones



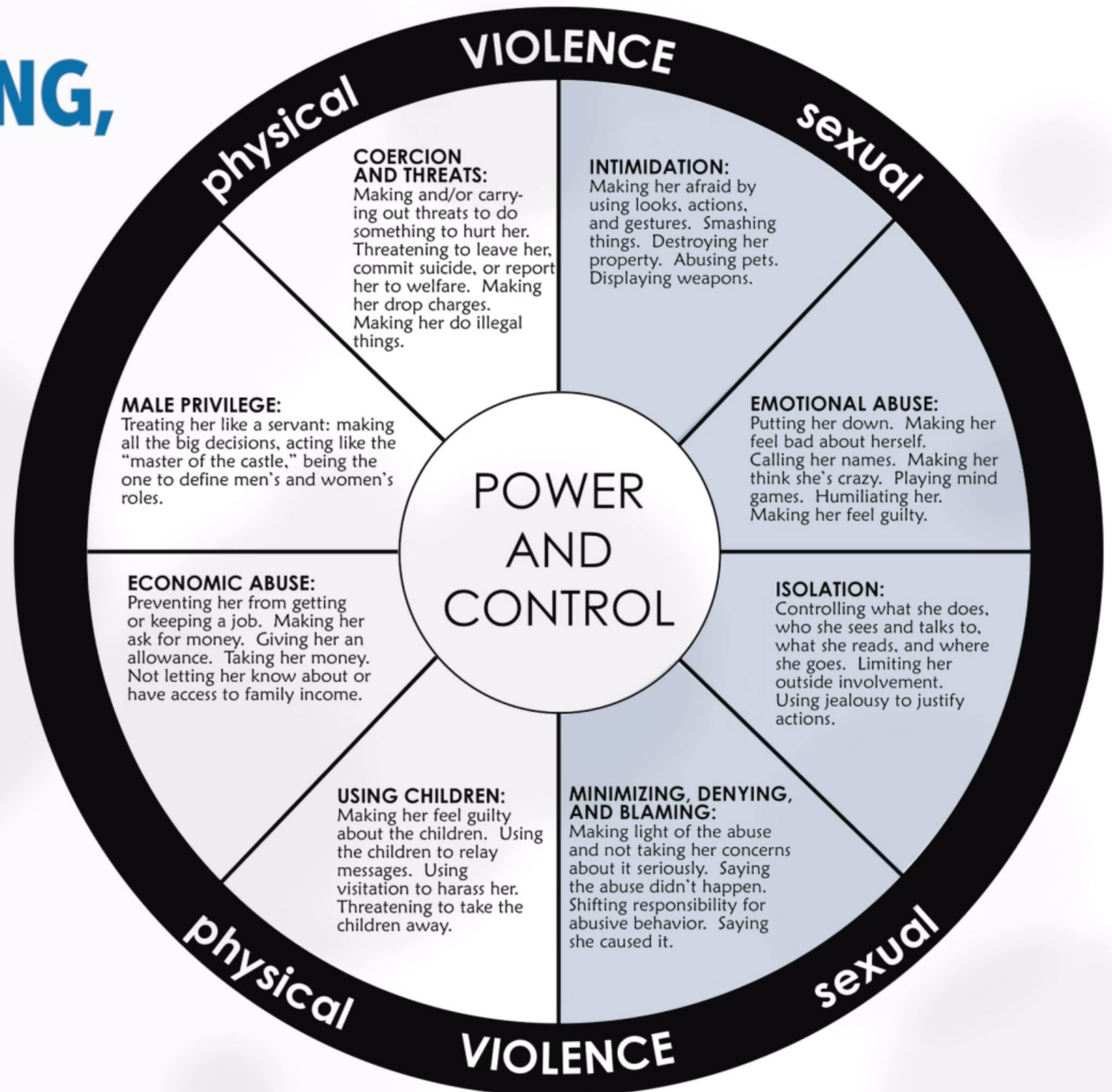
ISOLATION

- Disabling internet or phone service
- Regulating internet or phone access
- Restricting visitors or deliveries
- Keeping victim from caring for family
- Canceling appointments
- Prohibiting errands
- Monitoring activity
- Limiting space
- Hiding keys



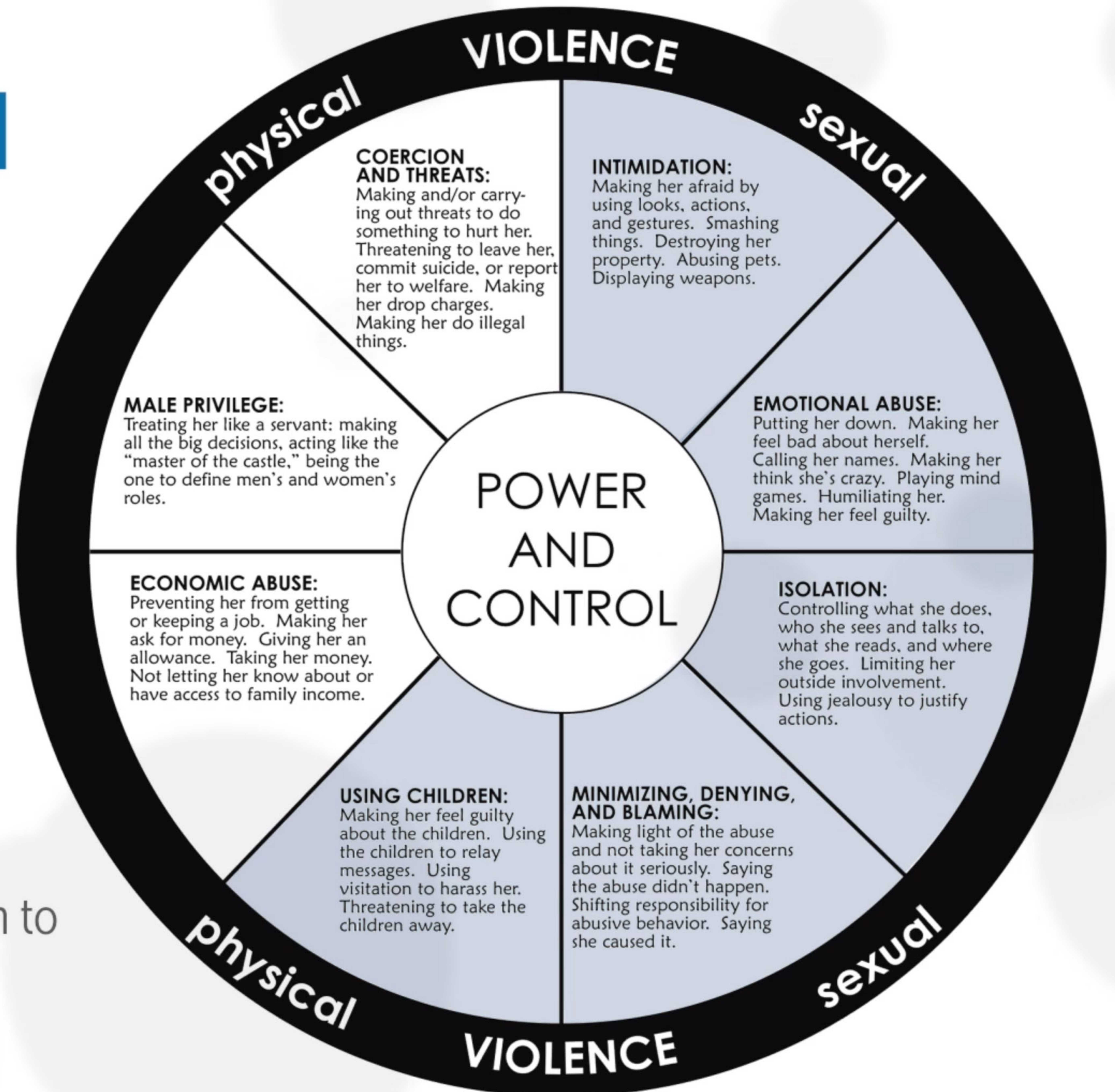
MINIMIZING, DENYING, AND BLAMING

- Denying the pandemic
- Invoking duty to sacrifice
- Justifying control as necessity
- Saying "just following orders"
- Blaming victim for exposing family
- Making light of COVID-19 concerns
- Normalizing extreme control
- Blaming it on stress
- Using COVID-19 as an excuse for abuse
- Depicting abuse as medically required



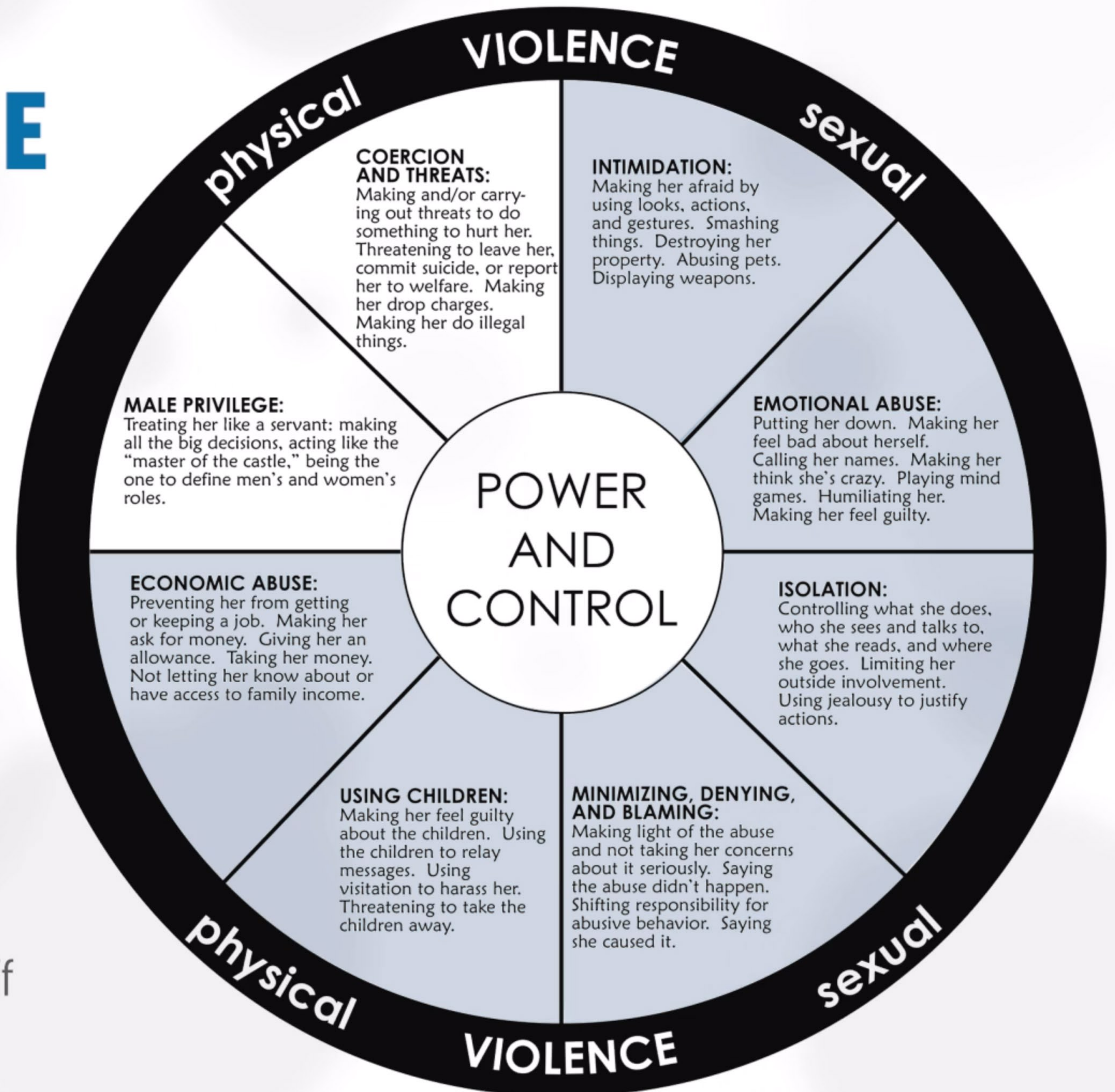
USING CHILDREN

- Exposing children
- Threatening to take kids
- Insisting on sheltering kids
- Declining to return children
- Refusing to provide care for kids
- Failing to take precautions at home
- Using remote visits to intrude
- Rejecting caregivers
- Denying support
- Rejecting social distancing directives
- Seeking COVID-19-based modification to custody order



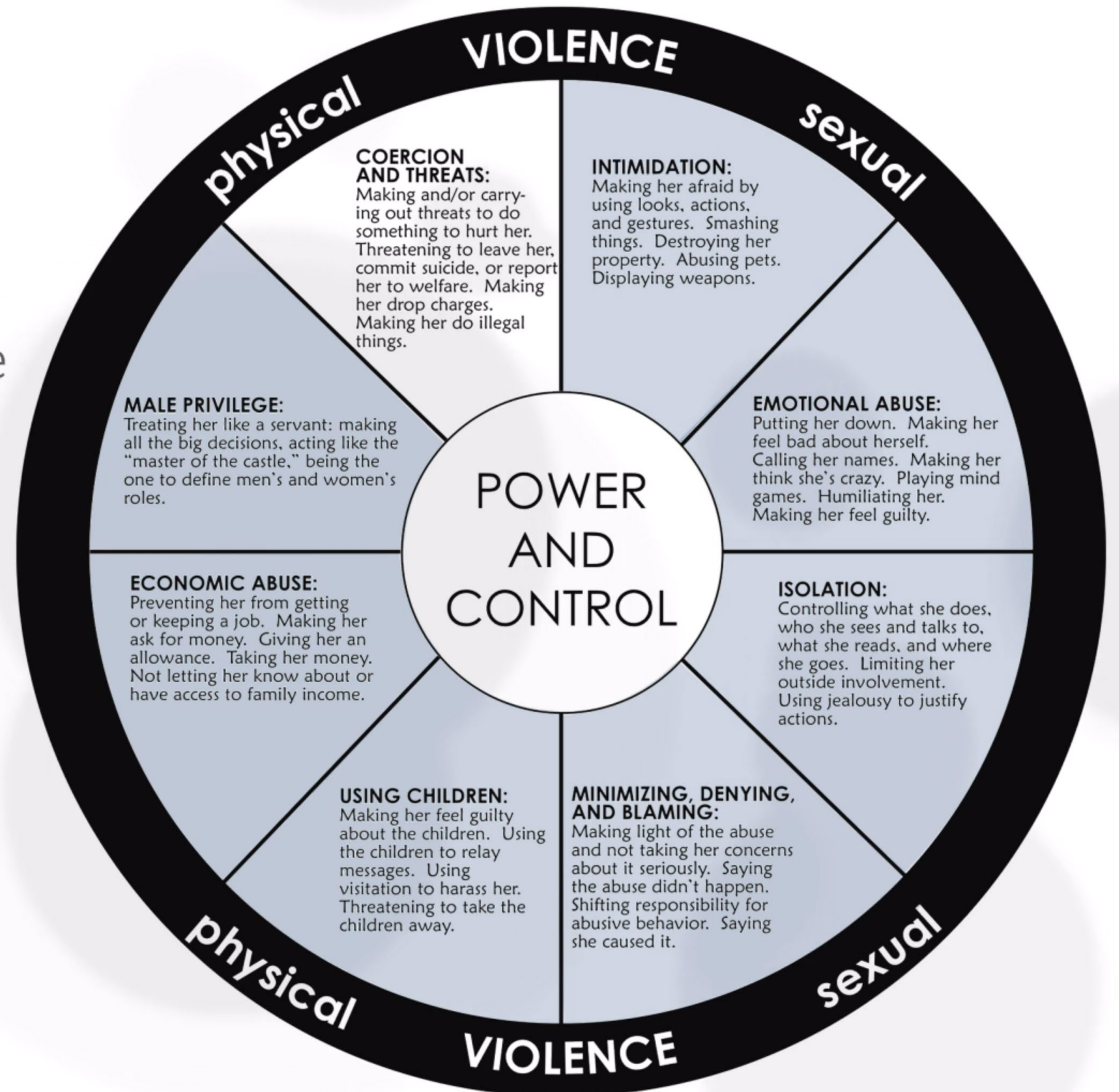
ECONOMIC ABUSE

- Interfering with victim's effort to refinance
- Refusing to allow victim to work outside the home
- Filing false COVID-19 reports to immigration officials, employer or customers
- Threatening to evict
- Refusing to work remotely
- Excessive COVID-19 spending
- Intercepting emergency assistance
- Denying support while victim is laid off



MALE PRIVILEGE

- Violating others' personal space
- Taking up all the work and study space at home
- Demanding absolute quiet during work hours
- Refusing to share computer
- Deciding who comes/goes
- Demanding attention
- Disrupting routines
- Keeping food or supplies to self



COERCION AND THREATS

- Focusing obsessively on COVID-19
- Threatening to expose loved ones
- Threatening to infect the family
- Faking fever
- Arousing fear that they're all going to die
- Forcing exposure to others
- Engaging in risky behavior
- Coughing in victim's face
- Threatening to report
- Withholding care

